## Mount Bethel Cemetery Memorial 5k Saturday, May 28, 2022

~Professional timing services by Pretzel City Sports of Reading, PA~

Proceeds benefit Friends of Mount Bethel Cemetery, a 501(c)(3) organization whose mission is to raise funds to help maintain and promote the historic Mount Bethel Cemetery located in Columbia, PA.

## About the Run

The Mount Bethel Cemetery Memorial 5k is held on the Saturday preceding Memorial Day. The organizers intend for this to become an annual event.

The Mount Bethel Cemetery Memorial 5k boasts a unique course. Held on the grounds of Columbia High School, the setting provides both easy parking and a scenic view of the Susquehanna River. Mixed terrain (no cleats, please) will be encountered as participants follow this 5k course.

Start at the corner of the school's west parking lot, proceed eastbound past the front of the high school on your choice of macadam, cement or grass, and then turn right to head down the hill. At the access road, turn right onto the macadam or grass path that leads you behind the school's baseball field. Turn right onto the baseball field to complete a counterclockwise circular path around the outer perimeter of the field, then exit this area where you entered. Turn right onto the access road to head to the school's track. Enter the track at the designated opening and take one full counterclockwise lap around the track, exiting where you entered. Proceed up the macadam hill behind the bleachers, continue north on the west edge of the parking lot, then turn right behind the maintenance facility. Run eastbound behind the high school on your choice or grass or macadam. At the flag, turn left onto the grass heading toward the tennis courts. Look for "Turn Around" on the grass. You guessed it: turn around and retrace your steps, finishing where you started.

Sound daunting?? Don't worry; we'll have volunteers stationed at key locations along the course.

Walkers are also invited to participate using the same course. The course does NOT accommodate wheelchairs or strollers. Please, no pets.

**Schedule:** 7:30AM – New registration begins (CHS gym)

7:30AM – Pre-registered runners pick up bibs/shirts (CHS gym)

8:30AM - Race begins

9:30AM – Medals in CHS gym (approximate time)

**Location:** Columbia High School, 901 Ironville Pike, Columbia PA 17512